



If you have any dietary requirements please do not hesitate to ask a member of the waiting team for assistance

## **Hot Beverages**

Freshly ground coffee, decaffeinated coffee, English breakfast, earl grey, fruit, herbal tea

# **Fruit Juices**

Orange, apple, grapefruit

## **Seasonal Fresh Fruit Smoothies**

# **Toast**

White, granary, gluten free

### **Cereals**

Special K, Weetabix, Bran Flakes, Rice Krispies, Corn Flakes, homemade granola gluten free cereal and breakfast bars, porridge with milk or water

# **Yoghurts and Fresh Fruits**

Greek yoghurt, a selection of toppings, fresh fruit salad, stewed prunes

# Freshly baked morning pastries

#### Milk and skimmed milk

Whole, semi skimmed, Soya, Other milk is available on request

## **Full English**

Back bacon, pork sausage, tomato, field mushroom, free range eggs (scrambled, fried or poached)

# Vegetarian breakfast

Vegetarian sausage, tomato, field mushroom, hash brown, Baked beans, free range egg

## **Thurlestone Favourites**

**Smoked Haddock** 

poached egg, lemon

**Grilled Kipper** 

lemon, butter

Eggs benedict

muffin, bacon, poached egg, hollandaise

**Eggs florentine** 

muffin, spinach, poached egg, hollandaise

### **Additional items**

Baked beans, black pudding, hash brown, fried bread, vegetarian and gluten free sausages