



# The TREVILDER



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*If you have any dietary requirements please do not hesitate to ask a member of the team for assistance.*

## **Hot Beverages**

Freshly brewed coffee, decaffeinated coffee,  
English breakfast, Earl Grey, fruit, herbal tea

## **Fruit Juices**

Orange, apple, grapefruit

## **Seasonal Smoothie of the day**

## **Toast**

White, granary, gluten free

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## **Cereals**

Special K, Weetabix, Bran Flakes, Rice Krispies, Corn Flakes,  
Homemade granola or gluten free cereal and breakfast bars,  
porridge with milk or water

## **Yoghurts and Fresh Fruits**

Selection of fruit or natural yoghurt, fresh fruit salad, stewed prunes

## **Freshly baked morning pastries**

## **Milk**

Whole, semi-skimmed and skimmed milk  
Milk alternatives available on request

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## **Full English**

Back bacon, pork sausage, tomato,  
button mushroom, Newland Farm eggs,  
(scrambled, fried or poached)

## **Vegetarian breakfast**

Grilled halloumi, vegetarian sausage, tomato, button  
mushroom, hash brown, Baked beans, Newland  
Farm eggs, (scrambled, fried or poached)

## **Thurlestone Favourites**

### **Smoked Haddock**

poached egg, lemon

### **Grilled Kipper**

lemon, butter

### **Eggs Benedict**

muffin, bacon, poached egg, hollandaise

### **Eggs florentine**

muffin, spinach, poached egg, hollandaise

## **Additional items**

Baked beans, black pudding, hash brown, fried bread, vegetarian and gluten free sausages